

# ["legal" highs]



So called 'Legal' Highs have soared in popularity in recent times. They are readily available for sale over the internet and in many instances from shop fronts including stores such as Coles & Safeway who typically sell them in the form of popular energy drinks such as 'V' & 'Mother'. 'Legal' Highs appear in a variety of forms such as pills, tablets, incense, beverages and mixes for smoking just to name a few.

Interestingly the ingredients of 'Legal' Highs aren't readily available from many of the internet sites that peddle them. The items are sold in a mixture of ingredients that are purported to be legal in certain countries. The energy drinks do have the ingredients on the label as well as a so called 'warning' however they tend to be very dismissive, aimed at making it sound like a "stuffed shirt has got me to do this" but it's really ok 'wink, wink!'"

Here's what's on "mother" energy drinks say on their product packaging:

**"CAUTION! HIGH CAFFEINE CONTENT...**

Ok we know that's why you're drinking it but our lame legal guys made us warn you not to feed this to kids, women with a bun in the oven, or the weak who just can't tolerate it."



A website selling Kronic uses the United Nations Harm Minimisation Policies as justification for selling their product. This is "Yet another failure of the confusing and careless and misnamed 'harm minimisation' policy interpretation" (Dalgarno Institute 2011)



**'LEGAL' WEED**

The products offered from this web shop are inspired by the UN drug policy which puts Harm Minimisation forward as a safer more amicable solution to drug use. Accordingly we have sourced the best herbal highs and smoking incense blends from the world's leading manufacturer to provide you with the best and safest experience possible while remaining on the right side of the law.

Not only does kroniccartel.com provide you with an amazing range of safe, legal & herbal highs that actually work! We also offer an ever expanding range of accessories, implements & handy items you need to have the most pleasurable experience possible with our products. We hope you enjoy browsing our site and hope to see you soon.





## Party Pills are fast becoming the 'in thing' across the board for party goers...

On offer is a tantalizing range of products that promise to give "smooth", "Euphoric buzz", "with no next day hangover". Many similar emotive buzz words are used throughout the websites drawing the user into a seemingly safe & legal world.(1) The danger is that **the products all claim to be legal, but are they safe?** The only health claims are in the way of warnings about how misuse can be harmful.

Many of products sold claim that they have legal substances in them. Not often are the substances actually named. A closer look at the ingredi-ents that are named will show that it is anything but safe in combination. Whilst many of the ingredients do not pose great danger of itself when taken in small doses e.g., caffeine when taken in the form of tea or coffee; when combined it in-creases the potency and effects of the substances.

Many of the so called legal substances have also been banned in many countries such as the USA.

**Here are some the ingredients used in a product called 'Exotic'.  
The product is obviously marketed as being close to an ecstasy tablet.**

### **Anhydrous Caffeine**

Caffeine is a known stimulant and has many adverse side effects when consumed in excess. It is considered to be an addictive substance and is monitored by ADIS the Australian Government Alcohol & Drug Infor-mation Service. Many of the legal high products contain Anhydrous (waterless) caffeine as well as Citrus Aurantium (bitter orange) in their ingredients list. (2)

### **Citrus Aurantium**

Bitter Orange which contains Synephrine which is similar to the banned sub-stance Ephedrine, is thought to be riskier when taken with caffeine. (3)

### **Theobroma Cocoa**

They also contain Theobroma Co-coa which is a substance found in the Cocoa bean. Theobromine is very similar to caffeine in that they are both alkaloids, however Theobromine has a lesser effect on the central nervous system com-pared caffeine to but stimu-lates the heart to a greater degree than caffeine thus causing high blood pressure in sufficient quantities. (4)

### **Pelargonium Graveolens**

Also known as geranium (the flower) which contains 'Methylhexaneamine' a substance added to the prohibited list of the World Anti Doping Agen-cy in 2010. It is a stimulant but not as powerful as amphetamines or ephedrine. (5)

#### **WE ASKED THE QUESTION:**

What is BillyBong Bud's Kronic Made Of?

#### **THE ANSWER GIVEN:**

"Unfortunately we can not reveal our secret formula.

We would love to, but like every other business, we must keep our secrets, secret.

Please understand this."

<http://www.kronic-legal-weed.com.au/pages/FAQ%27s.html>

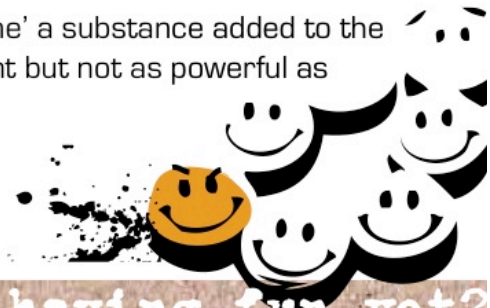
**Smile**

...are we having fun yet?

**'SMILES' a 2C type synthetic drug**

"Witnesses described the 17-year-old boy as "shaking, growling, foaming at the mouth." According to police reports, Elijah Stai was at a McDonald's with his friend when he began to feel ill. Soon after, he "started to smash his head against the ground" and v began acting "possessed," according to a wit-ness. Two hours later, he had stopped breathing."

<http://shine.yahoo.com/healthyliving/2c-smiles-killer-drug-every-parent-know-234200299.html> 20/9/12





## BATH SALTS: What are they?

They are NOT the traditional bath salts, like Epsom salts, used legitimately for water softening or aroma therapeutic purposes. They are man-made so as to include a central nervous stimulant used as a recreational drug, but in many cases the active chemical is slightly altered so it does avoid being classified as "illegal". These substances are marketed as "bath salts", "glass cleaner" or sometimes "plant food", not for human consumption to avoid being prohibited under existing regulations. They are popular among teens and young adults.

They contain man-made chemicals such as: methylenedioxypropylamphetamine (MDPV), Mephedrone (4-MEC) and Methyone and are usually in a powder and crystal form that crumbles easily. The powder is typically white to light brown in colour, has a slight odour and is sold in 50 mg to 500 mg packets or containers labelled "Not for human consumption".

Experts who have studied these drugs estimate that there are more than 100 different bath-salt chemicals circulating. The compounds can mimic the effects of cocaine, LSD, and methamphetamine. (6)

## BATH SALTS: How are they taken?

- Snorted (most common)
- Injected
- Smoked (similar to crack)
- Mixed with food
- Mixed with drink
- Airborne mist

## BATH SALTS: How do they mess you up?

"Bath salts" are essentially cheaply-made super-charged speed that ramps users up like a mixture of cocaine and methamphetamine. When consumed, they make the user a danger to everyone, including themselves. These drugs have been linked to a string of grisly attacks. (7)

## SIGNS/SYMPTOMS

- Extreme paranoia, hyper-alertness and confusion
- Psychotic features (reporting seeing demons, monsters, soldiers, or aliens)
- Violent behaviour (Users often cannot be subdued with pepper spray or Tasers)
- Tachycardia (rapid heartbeat), Chest pain, High blood pressure, Sweating

## EFFECTS

- Users have a "High" similar to cocaine, methamphetamines, MDMA (Ecstasy) or LSD
- The initial euphoria lasts 3-4 hours
- Psychosis and suicidal thoughts are not uncommon. They are cited as an "imminent threat to public safety" by the US Drug Enforcement Agency.

In addition to "Bath Salts" there are a number of different "designer drugs" being sold as "legal substances" with names such as:

**SPICE, DEVIL'S BREATH, SMILES, CHEESE KROKODIL, DRAGONFLY, CRUNK, WEED BUTTER, HAND SANITIZERS, KHAT**

## SYNTHETIC DRUGS LEGAL!?: What is being done about it?

The advent of these 'mimics' has caused some serious problems not only for users but for legislators, as many of the individual 'ingredients' of the drugs and even the full 'faux drug' itself were not illegal, but could possibly give you the same so called 'high' as the non-synthetic illicit drug. For example by changing only one molecule in a chemical sequence, a 'new' synthetic drug (e.g.. synthetic cannabis such as Kronik) no longer fell under the category of a 'scheduled illicit' substance in previously existing drug laws. This of course caught everyone by surprise. However, this 'legal loop-hole' has been largely remedied on both a national and international scale. **Countries around the globe, including Australia, are introducing new laws and regulations in order to reduce the production and distribution of these harmful designer drugs (8)** For example, in July 2012, President Obama signed the ban on bath salts into federal law in the US. This latest ban combats the problem of similar chemicals being sold by prohibiting not only the current "bath salts" compound but any versions that might be made in the future. (9)



# myths

- **Myth - Safe Alternative. Fact -** Anything but. There are too many subjective variables in every different person and drug impact is at best unpredictable, at worst deadly.
- **Myth - Legal alternative to illicit drugs.**
- **Fact -** The majority of existing 'mimic' drugs are now under some legal ban in most States of Australia. In Sweden the customs agency have introduced a the 'Destruction Act' which in simple terms is a blanket law that enables customs to seize any chemical component that's imported that is on a register for substances used in manufacturing NPS's.

The process is simple a) product detected and seized b) recipient notified of seizure and given two weeks to submit objection to explain why they are importing this substance. If for non-drug manufacturing purposes it is released c) if after two weeks the material is unclaimed it is destroyed. In the 100's of seizures up until mid 2012 not one importer has protested seizure. Manufacture of the NPS's has reduced—there are no legal charges laid or further action taken. This is both efficient and cost effective.

## sends you insane!

### Miami 'zombie' attacker may have been using 'bath salts'

"A naked man who chewed off the face of another man in what is being called a zombie-like attack may have been under the influence of "bath salts,"







Larry Vega witnessed the attack "The guy was like tearing him to pieces with his mouth, so I told him, 'Get off!'" Vega told WSVN. "You know it's like the guy just kept eating the other guy away, like ripping his skin."

"It was just a blob of blood," WSVN quoted Vega as saying. "You couldn't really see, it was just blood all over the place." Vega said he flagged down a passing police officer. "When the officer approached him, told him to stop, pointed a gun at him, he turned around and growled like a wild animal and kept eating at the man's face," [10]



### HOW IT'S INTRODUCED INTO THE BODY :

(The skull indicates the most used methods of ingestion of the drug described in this Fact Sheet)

- Injected/Intravenously 
- Injected/Intramuscularly
- Sniffed/Snorted (powder) 
- Inhaled (vapour) 
- Smoked 
- Swallowed 
- Eaten 
- Absorbed through skin





## FIRST AID :

"NPS poisoning **is a** medical emergency and some will die without medical intervention. If you suspect someone has overdosed, check to see if they are breathing, put them on their side and gently tilt their head back to open their wind-pipe.

**Call an ambulance immediately (dial 000) and follow the operator's instructions.**

The patient should be made as comfortable as possible, preferably by a qualified medical or first aid person, until paramedics arrive. [11]

BEST AID:

# never touch it



## WHERE TO GET HELP : medical and other

- DirectLine Alcohol and Drug Counselling and Referral Line  
1800 888 236
- Centre Against Sexual Assault (CASA)  
House 93473066
- Live Free Victoria 03 58523777



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